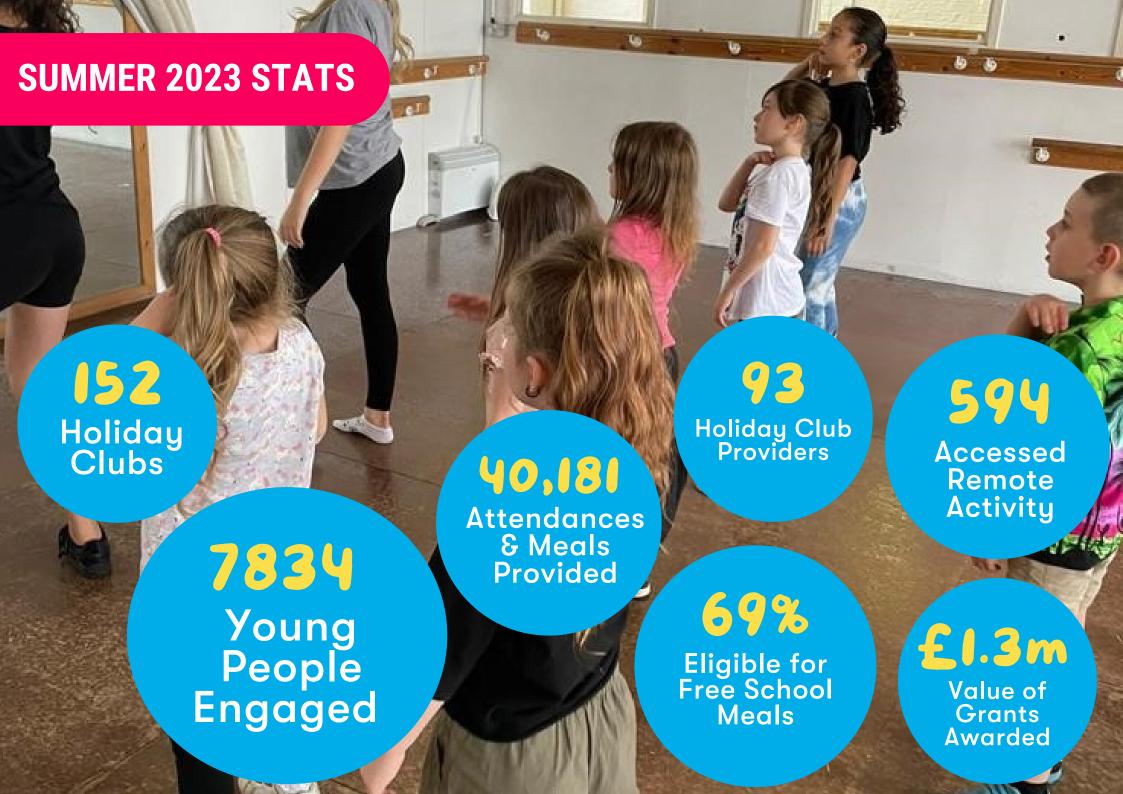
Derbyshire
Holiday
Activity &
Food
Programme

IMPACT REPORT
SUMMER 2023





It is amazing that there are activities to keep the children entertained through the school holidays. And the food is fab too.

### PARENT/ GUARDIAN FEEDBACK SUMMER 2023

I think its amazing! Brilliant for the kids, and it's great for the adults to chat and not worry about the kids!

Our little one had a great time being active outside for the holidays. The team were accommodating/ understanding of his needs and were always enthusiastic with the children.

It's an excellent place to bring the children through the holidays. I'm very thankful for such nice programme.

The programme is an amazing idea, making it accessible to all families.

Excellent, exciting, variable, challenging. Thank you! The camps are a must, it helps the children and parents in the holidays.

Huge variety of activities sports and creative crafting things alongside each other. Plenty of opportunities to try new things. Keeps the structure similar to a school day helping kids stay in a routine.

# SATISFACTION REPORT

CHILDREN

CLUB LEADERS

**PARENTS** 

**222** responses

responses

**94** responses

95%

were highly satisfied/ satisfied with holiday club and the activities provided 100%

were highly satisfied/ satisfied with holiday club and the activities provided 89%

were highly satisfied/ satisfied with holiday club and the activities provided

95%

were highly satisfied/ satisfied with the location of their holiday club

88%

were highly satisfied/ satisfied with the time their holiday club takes place

99%

were highly satisfied/ satisfied with their coaches and leaders

79%

were highly satisfied/ satisfied with the food provided



100%

were highly satisfied/ satisfied with the food provided 76%

were highly satisfied/ satisfied with the food provided

#### CASE STUDIES

### ADVENTURE FOR ALL AT LEA GREEN DEVELOPMENT CENTRE

Throughout the 2022-2023, 3 Village 2gether Project has taken over 150 It's About Me participants to Lea Green Learning and Development Centre with the aim to give young people the opportunity to participate in stimulating and educational activities which build confidence and improve communication.

The range of activities include bush-craft skills, a party-zone, an assault course, high ropes, the duo drop swing and many more on-site facilities.

Lea Green also adapts it's programme to encourage inclusivity among participants, ensuring those with educational and behavioural needs have the opportunity to have a positive experience.

For one young person who had moderate/high medical disabilities and needed specialist carers on-site, staff at Lea Green were able to adapt the experience to meet their needs and ensure they had a positive experience.

The participant said "It was one of the happiest days of my life!" This is an example of how life-changing these experiences can be to one individual.

"I would like to personally thank all the staff who I worked alongside at the centre. I feel their professionalism and attention to the individual's needs was fantastic!" Janice, 3 Village 2gether Project





# CONTINUING SUMMER SUPPORT WITH NADIA JANE PERFORMING ARTS

Nadia Jane Performance Arts in Long Eaton had a mix of boys and girls at their summer camp with ages ranging from 4-13 years. As a dance school, the holiday camp ran a mixture of different dance classes throughout the programme which included ballet, street dance, contemporary, salsa, musical theatre, acro and gymnastics.

The schedule for each day included mindfulness activities with arts and crafts, meditation, yoga and relaxation with an emphasis on looking after the body mind and spirit for optimum health and wellbeing.

The young people enjoyed learning about food with artistic, healthy eating plates they made themselves, drawing and painting on necessary foods e.g. carbs, proteins, fruit and vegetables.

At the end of the It's About Me programme the holiday club leaders held a 20-minute open session for families to watch all the children perform 3 dances they had learnt.

To continue their development, Nadia Jane Performing Arts gifted participants vouchers for 8 weeks of free classes from the September term, hoping to provide ongoing support to children and families who may not find classes affordable.

"The enjoyment they have had and the skills they have learnt were widely appreciated by their parents and the children. Many of these children are taking up regular exercise for the first time and this will improve their health physically and mentally. It is also possible this will encourage them to come to the next It's About Me programme and gain further benefits from attending." Holiday Club Leader, Nadia Jane Performing Arts

# **TRAINING REPORT**

NO. COURSES COOMPLETED

Available Courses

SAFEGUARDING	9
5 WAYS TO WELLBEING	2
LEVEL 3 FIRST AID AT WORK	3
RISK ASSESSMENT	4
HOW TO MEET SCHOOL FOOD STANDARDS	11
LEAD AND LEARN SESSIONS	23
YOUTH MENTAL HEALTH FIRST AID	6
EAT & COOK TRAIN THE TRAINER	4
ACES AND TRAUMA INFORMED PRACTICE	3



GDPR Certificates Issued



Food Hygiene Certificates Issued

91%

of those asked stated that they had learnt something new that they would put into practice

91%

of those questioned said that what they had learnt is useful to performing their role

91%

of those questioned said that the tutor's knowledge on the topic was very good 100%

of those questioned said that the tutor was responsive to their needs

