



## **It's About Me 2025 Support Services Brief for Providers & Organisations**

### **Overview**

This document provides information for organisations wishing to provide support services for It's About Me, Derbyshire's Holiday Activities and Food programme.

### **Introduction**

The It's About Me programme has a broad range of aims and objectives set by the Department for Education (DfE). We want all children who engage in It's About Me activities to:

- Receive healthy and nutritious meals
- Maintain a healthy level of physical activity
- Be happy, have fun and meet new friends
- Develop a greater understanding of food, nutrition, and other health-related issues
- Take part in fun and engaging activities that support their development
- Feel safe and secure
- Access the right support services
- Return to school feeling engaged and ready to learn

We also want to ensure families' needs are considered too. Families that participate in It's About Me can benefit through:

- Activities that develop their understanding of nutrition and food budgeting, for example cooking sessions
- Signposting towards other information and support, for example, health, employment, and adult education.

StreetGames are committed to delivering high quality provision across all areas. We are looking to work with several providers and organisations to deliver the range of support services that will complement our face-to-face programme.

### **Background**

Since 2022 we have worked with a number of organisations to provide activities to enhance providers existing programmes. These have included activity days at outdoor activity centres, the delivery of climbing wall sessions at providers delivery locations, mental health and wellbeing workshops and music workshops.

These workshops were selected and developed in line with the framework for delivery- below

- Food provision
- Enrichment activities
- Physical activities
- Increasing awareness of healthy eating, healthy lifestyles, and positive behaviours
- Signposting and referrals and family support
- Robust Policies and procedures
- Effective Safeguarding





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Some providers are stronger at delivering certain criteria of the programme, and often find the enrichment element of the framework harder than other elements- enrichment activities should allow young people to

- develop new skills or knowledge
- consolidate existing skills and knowledge
- try out new experiences
- have fun and socialise.

The activities that we are looking to fund should incorporate the above elements.

### **Brief Requirements**

We are looking to work with organisations that can:

- Provide an interactive and practical workshop or activity days for children to participate in that haven't previously been covered
- State clearly how many children you can engage per session; you will be supported by on-site staff around behaviour management if delivering at the providers location
- Include holiday club staff and volunteers to support and engage in the hands-on delivery of the workshop, to enable them to learn from the session so they can deliver independently thereafter- where appropriate
- Outline the number of workshops or activity days that can be delivered during each holiday period and provide details of how these will be staffed
- Confirm your commitment to a delivery schedule for each delivery period and describe how you would like to engage holiday club providers who are interested in booking a session

### **Application Process**

Submit a detailed overview in response to the information outlined in this brief. You will be required to supply costings and a budget plus expected timelines for project completion along with any partner organisations you will work with. Include examples of where you have delivered similar sessions successfully in the past.

Support service grants will be awarded based on the quality of the application, the proposal that is being made and value for money. Applications will be assessed against this criteria by the It's About Me team. We will look to award support service grants to a number of different organisations for this theme.

If you want to provide more information to support your application, you can attach documents to your application form or email us at [derbyshireholidayactivities@streetgmaes.org](mailto:derbyshireholidayactivities@streetgmaes.org)

**The deadline for submissions is 5pm Sunday 2nd November and our aim is to share our decisions by Friday 7<sup>th</sup> November to give enough time for planning.**





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For more information and an informal discussion prior to application, please contact Amie Brown  
[amie.brown@streetgames.org](mailto:amie.brown@streetgames.org) .

