

it's about me

Derbyshire's Holiday Activity and
Food Programme

DERBYSHIRE
HOLIDAY ACTIVITIES
AND FOOD PROGRAMME

IMPACT REPORT
WINTER 25





93

holiday clubs
provided a range of
enriching activities
across the county

4,209

**children and young
people attended a
holiday club**
at no additional cost
to their families

45

organisations
took part in the
It's About Me
programme

13,786

**nutritious meals
served**
while providing fun,
engaging nutritional
education

£222K

**Invested into local
holiday clubs**

guaranteeing funding
for organisations
during the holidays

89%

**Free School Meal
Attendance**

14% SEND
attendances

1,400

**children and young
people to access remote
activity**

ensuring equal access for
those unable to attend
in-person holiday clubs

SATISFACTION SURVEY RESULTS

CHILDREN & YOUNG PEOPLE

38 Responses



of children and young people rated their holiday club as 'Very Good' or 'Good' overall



of children and young people said their holiday club made them feel happy

TESTIMONIALS

"It's fun to make new friends and play new games"

"Loved playing the games and chilling out."

" I love gaming and it's really fun and you get to try games and consoles that I don't have at home."

"It was really good playing a game that I have not played before. Its was nice meeting new people too."

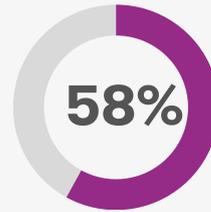
"Got to try new activities - I loved the tobogganing but I wasn't very good at the skiing. Met lots of new people and had a great day."

"I really enjoyed the bouncy castle. I even got braver with the help of coach katie and experienced the climbing for the first time."

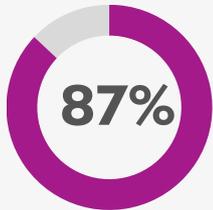
“Which of the following do feel you do you do at your holiday club?”



say they try
out new
experiences



say they take
part in sport,
fitness and
physical
activity



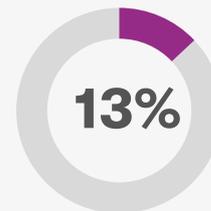
say they
have fun
and
socialise



say they
increased their
awareness of
healthy eating,
lifestyles &
positive
behaviours



say they
eat
healthy,
nutritious
meals



say they
cook or
make
food

SATISFACTION SURVEY RESULTS

PARENTS & GUARDIANS

43 Responses



of parents & guardians rated their holiday club as 'Very Good' or 'Good' overall



of parents & guardians would recommend their local holiday club to other families

TESTIMONIALS

“It is a very big support in keeping my child in a good routine and helping them to regulate without being overwhelming.”

“Reducing isolation for both myself and my Daughter.”

“Friendships so very important for for SEND children they really miss out and become isolated”

“Being a neurodiverse parent to a neurodiverse child I heavily rely on holiday clubs to enable me to reset my own mental health”

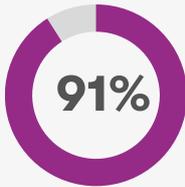
“The clubs give me time to work and my child the chance to socialise”

“It's really good to have these indoor fun activities while it is cold outside.”

“Parental engagement activities are also fun”

“It is interactive, friendly and welcoming. The children feel safe and happy when they are there and I have peace of mind that they are socialising and keeping active.”

“Which of the following do feel your children do at their holiday club?”



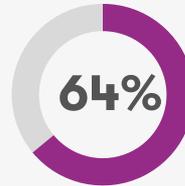
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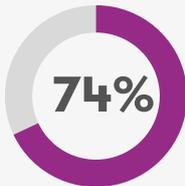
say they
develop
their skills &
knowledge



say they
eat
healthy,
nutritious
meals



say they take
part in sport,
fitness and
physical
activity

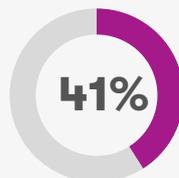


say they try
out new
experiences



say they
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healthy eating,
lifestyles &
positive
behaviours

What are the biggest benefits the holiday club has for you as parent or guardian?



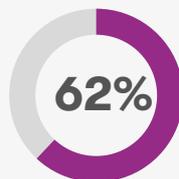
Keeping your children in a routine



Keeping your children entertained



Supporting your mental health and wellbeing



Reducing general costs during the holidays



Providing support for a child with SEND



Providing affordable childcare



Signposting to information and support, such as health services, employment

SATISFACTION SURVEY RESULTS

HOLIDAY CLUB PROVIDERS

4 Responses

What benefits has It's About Me had on the children and young people?



Creating a **safe space** for young people



Helping to develop greater understanding of food, nutrition and other health related issues



Increase **socialisation**



Providing **engaging activities** that support their development and well-being



Connecting young people and their families with **support services**



Maintaining **physical activity levels**



Providing **healthy and nutritious meals**



Preparing young people for their **return to school**

WORKFORCE DEVELOPMENT

We have continued to build sustainable provision across the county and through the It's About Me programme.

Holiday club leaders and volunteers can access training and learning opportunities to support their delivery of It's About Me.

The training offered adheres to the programme standards and expectations outlined within the DfE Grant Determination Letter and is based on a training needs assessment completed by the providers.

During this period, the following courses were delivered and accessed:

- Understanding Behaviour That May Challenge
- Safeguarding
- Level 2 Food Hygiene
- GDPR
- Risk Assessment
- Understanding School Food Standards
- Let's Talk About Food
- Youth Mental Health First Aid
- Adverse Childhood Experiences

33

learners
accessed
training



WITH THANKS TO



Department
for Education

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